

Module 1 – The 5D Chakra System

In this module, you'll learn about & experience:

- The energetics of the Fifth Dimension and why your frequency matters
- Your 5D blueprint: A map for Ascension & light body evolution
- Origins of the fifth-dimensional 12-chakra system
- The 5D chakras: Key upgrades and potential
- The evolutionary role of the three transcendent chakras
- Activating your 5D chakras & creating a 5D light shield
- Guidelines for 5D chakra work.

✦ Light Body Activation: The 5D Chakra Column ✦

Affirmations to Energize your Intention

✦ I am committed to my 5D shift.

✦ I am in the process of activating my 5D frequency.

✦ I am activating my 5D blueprint and becoming fifth-dimensional.

✦ My intention is to contribute to humanity's awakening and anchor love grids on the planet.

The Fifth Dimension

- **Vibrational field** – Majority vibrate at a 5D frequency
- **LOVE** is the dominant expression – love grids replace fear grids
- **Heart-based consciousness** – higher values of love, truth, peace prevail
- **Soul alignment** – Focus shifts to soul purpose & sharing soul gifts in service
- **Sacred balance** – Masculine & feminine energies come into balance & harmony
- **Reciprocity** – Collective intention to restore balance and reciprocity on Earth.

How do we create this New Earth frequency zone?

A Map for Ascension & Evolution

- **Chakra system** – Energetic template underpinning consciousness & frequency.
- **5D blueprint** – Encoded in your light body: 12-chakra system - map to navigate from 3D to 5D and to elevate your frequency setting.
- **Ascension pathway** – Each 5D chakra is a portal or gateway on the path of awakening. They contain new lessons and codes for higher consciousness.
- **Soul potential** – The 5D chakras unlock your soul potential in this lifetime & initiate a higher personal timeline.

✦ **Activating the 5D chakras switches the 5D blueprint on** ✦

Origins of the 5D Chakra System

- **Ancient civilization of Atlantis** – Fully fifth-dimensional: advanced consciousness, spiritual law & crystal technology, supported by 12-chakra operating system.
- **Fall of Atlantis** – Descent into 3D consciousness, energetic template contracted to the 7-chakra system. Denser 3D could not support higher chakras.
- **Cosmic Moment in December 2012** – Collective re-activation of 5D blueprint and 5D chakras slowly become accessible again. Incremental process.
- **Collective frequency shift** – The 5D Blueprint has always been there, but not visible within 3D perception field. As frequency rises, we are accessing the energetic template that is encoded in our etheric light bodies – our Divine 5D Blueprint.

5D Chakras: Key Upgrades & Potential

- **Evolution of 7 primary chakras** – same position but vibrate at a higher frequency – different colours (*Note: the frequency on the light spectrum projects the colour that we see.*)
- **Five additional chakras** – Earth Star and Navel chakras (anchor higher frequencies in the lower energy body); Causal, Soul Star and Stellar Gateway chakras (channel higher frequencies from the Cosmos).
- **Expanded Heart chakra** – Heart & High Heart chakras merge to form 5D heart chakra – supports heart-based consciousness.
- **Unified heart column** – Advanced light body evolution: heart energy activated in each chakra (white crystalline energy), unifies the chakra column - highest expression of 5D.
- **Auric field** – Vibrates at a higher frequency as light quotient increases; gives off a golden hue when fully fifth-dimensional.
- **Archangels** – Each chakra is assisted by an Archangel - helps to bring in the higher frequency that is specific to each 5D chakra.

The 5D 12-Chakra System



Earth Star chakra – Silver

- Foundation for 5D chakra column & deep grounding.
- Connection with Earth energy & Gaia consciousness.
- Stores soul agreements & potential for this lifetime.
- Holds Divine Feminine energy – root to world peace.

5D Base chakra – Platinum grey

- Meet material needs with ease & flow.
- Deeper sense of safety & security on Earth.
- Balances masculine and feminine energies.

5D Sacral chakra – Pearly pink

- Balances emotional energy & money issues.
- Helps you to choose romantic partners wisely.
- Opens connection to soul group.

5D Navel chakra – Amber

- Contains codes of power & Oneness consciousness.
- Manifestation point – align with soul & highest good.
- Holds Sacred Masculine energy.
- Corresponds with the Hara (Haric dimension).

5D Solar Plexus – Light gold

- Sovereign power centre.
- Transcends ego – Helps you to move into your authentic self, beyond conditioning.
- Dissolves fear programming.

5D Heart chakra – White

- See with the “eyes of the heart” and act with love.
- Enables heart-based and unity consciousness.
- Connects with the Cosmic heart & the heartbeat of the Universe.

The 5D 12-Chakra System



The 5D 12-Chakra System



5D Throat chakra – Royal blue

- Express and live your authentic truth.
- Spiritual authority, sovereignty and power.
- Co-create with the Universe.

Third Eye chakra – Crystal & emerald

- Higher perception, wisdom of the seer.
- Unlocks intuitive powers, clairvoyance.
- Manifestation point – translates vision into reality.

5D Crown chakra – Crystal & gold

- Connection with Source energy & Higher Self.
- Receives and filters information from the three transcendent chakras.

Causal chakra – Moonstone white

- Draws lunar energy & activates Divine Feminine.
- Connects the right brain to higher consciousness.
- Connection to angelic realms (7D and higher).

Soul Star chakra – Magenta pink

- Connection with soul journey & Akashic records.
- Stores ancestral information and karma.
- Holds blueprint for spiritual gifts (across multiple lifetimes).

Stellar Gateway – Radiant gold

- Gateway to Source, the Cosmos & higher realms.
- Receives incoming light codes (information).
- Connects to your Monad and I AM presence.

The 5D 12-Chakra System



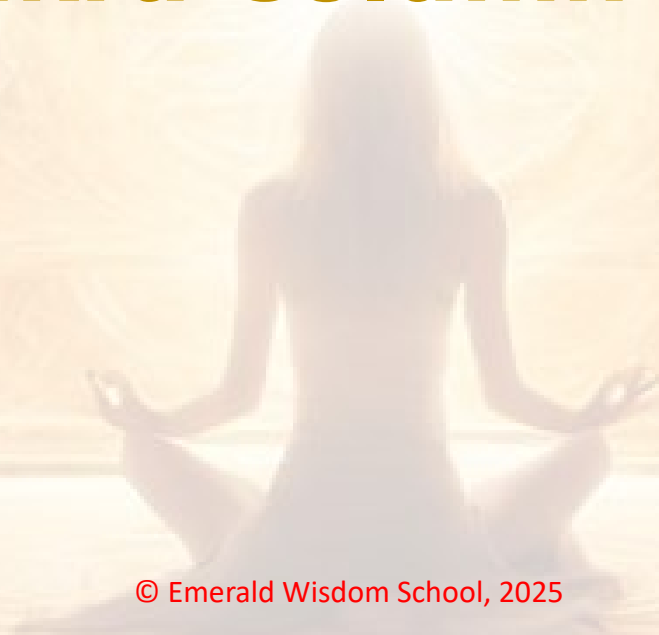
Evolutionary Role of the Transcendent Chakras

Causal, Soul Star and Stellar Gateway chakras

- **Transcendence** – Facilitate transcendence (beyond limitations of Mind and Ego).
- **Soul alignment** – Connection with soul energy and multidimensional soul journey.
- **Cosmic realms** – Direct connection with the Cosmic realms & higher dimensions.
- **Light codes** – Channel higher frequencies and light codes into the light body.

Light Body Activation

The 5D Chakra Column & Light Shield



Benefits of 5D Chakra Work

- Major upgrade – Emotional, mental, physical & spiritual – enables your 5D shift.
- Powerful tool for soul growth & spiritual expansion.
- 5D chakras contain the codes for higher consciousness.
- Significant expansion of heart energy and heart coherence.
- Access incoming light codes & more capacity to hold more light.
- Moves you onto a higher personal timeline.
- Vibrational alignment with 5D islands of coherence.

Module 1 Integration

✦ Theory ✦

Overview of the 5D Chakra System (PDF)

✦ Energy practice ✦

Light Body Activation: The 5D Chakra Column & Light Shield

A Meditation MP3 will be available within 48 hours of the live class